

# October 2017

## Mansion Ave Elementary Lunch

Lunch Prices Paid Lunch: \$2.55 Reduced Lunch: \$0.40

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>Whole Grain Pancakes</li> <li>Turkey Sausage Patties</li> <li>Tater Tots</li> </ul> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Crispy Chicken Salad with Cheese</li> <li>Whole Grain Dinner Roll</li> <li>Muffin &amp; Goldfish Fun Lunch</li> <li>Peanut Butter &amp; Jelly Sandwich</li> <li>Classic Cheese Pizza</li> </ul> <p><b>Extra Extra</b></p> <ul style="list-style-type: none"> <li>Fresh Celery Sticks</li> <li>Seasoned Carrots</li> <li>Fresh Red Delicious Apple</li> <li>Fresh Orange</li> <li>Fresh Banana</li> <li>Peach Fruit Cup</li> <li>Diced Pear Fruit Cup</li> <li>Mixed Fruit Cocktail</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>1% Low-fat Milk</li> <li>Skim Milk</li> <li>Strawberry Skim Milk</li> <li>Chocolate Fat Free Milk</li> <li>Assorted Fruit Juice</li> <li>Ketchup</li> <li>Yellow Mustard</li> <li>Mayo</li> <li>Light Ranch Dressing</li> <li>Syrup</li> <li>Light Italian Dressing</li> <li>Honey Mustard Dressing</li> <li>Creamy Caesar Dressing</li> </ul>	<p><b>3</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>Sweet and Sour Meatballs</li> <li>Asian Brown Rice</li> <li>Fresh Vegetable Medley</li> </ul> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Mixed Greens Salad with Cheese</li> <li>Whole Grain Dinner Roll</li> <li>Muffin &amp; Goldfish Fun Lunch</li> <li>Peanut Butter &amp; Jelly Sandwich</li> <li>Classic Cheese Pizza</li> </ul> <p><b>Extra Extra</b></p> <ul style="list-style-type: none"> <li>Garbanzo Beans</li> <li>Roasted Broccoli</li> <li>Fresh Red Delicious Apple</li> <li>Fresh Orange</li> <li>Fresh Banana</li> <li>Peach Fruit Cup</li> <li>Diced Pear Fruit Cup</li> <li>Mixed Fruit Cocktail</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>1% Low-fat Milk</li> <li>Skim Milk</li> <li>Strawberry Skim Milk</li> <li>Chocolate Fat Free Milk</li> <li>Assorted Fruit Juice</li> <li>Ketchup</li> <li>Yellow Mustard</li> <li>Mayo</li> <li>Light Ranch Dressing</li> <li>Light Italian Dressing</li> <li>Honey Mustard Dressing</li> <li>Creamy Caesar Dressing</li> </ul>	<p><b>4</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>Macaroni and Cheese</li> <li>Whole Grain Dinner Roll</li> <li>Broccoli Florets</li> </ul> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Crispy Chicken Salad with Cheese</li> <li>Whole Grain Dinner Roll</li> <li>Muffin &amp; Goldfish Fun Lunch</li> <li>Peanut Butter &amp; Jelly Sandwich</li> <li>Classic Cheese Pizza</li> </ul> <p><b>Extra Extra</b></p> <ul style="list-style-type: none"> <li>Fresh Cherry Tomatoes</li> <li>Roasted Green Beans</li> <li>Fresh Red Delicious Apple</li> <li>Fresh Orange</li> <li>Fresh Banana</li> <li>Peach Fruit Cup</li> <li>Diced Pear Fruit Cup</li> <li>Mixed Fruit Cocktail</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>1% Low-fat Milk</li> <li>Skim Milk</li> <li>Strawberry Skim Milk</li> <li>Chocolate Fat Free Milk</li> <li>Assorted Fruit Juice</li> <li>Ketchup</li> <li>Yellow Mustard</li> <li>Mayo</li> <li>Light Ranch Dressing</li> <li>Light Italian Dressing</li> <li>Honey Mustard Dressing</li> <li>Creamy Caesar Dressing</li> </ul>	<p><b>5</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>Philly Cheese Steak</li> <li>Baked Crinkle Fries</li> </ul> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Mixed Greens Salad with Cheese</li> <li>Whole Grain Dinner Roll</li> <li>Muffin &amp; Goldfish Fun Lunch</li> <li>Peanut Butter &amp; Jelly Sandwich</li> <li>Classic Cheese Pizza</li> </ul> <p><b>Extra Extra</b></p> <ul style="list-style-type: none"> <li>Marinated Cool Cucumbers</li> <li>Steamed Golden Corn</li> <li>Fresh Red Delicious Apple</li> <li>Fresh Orange</li> <li>Fresh Banana</li> <li>Peach Fruit Cup</li> <li>Diced Pear Fruit Cup</li> <li>Mixed Fruit Cocktail</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>1% Low-fat Milk</li> <li>Skim Milk</li> <li>Strawberry Skim Milk</li> <li>Chocolate Fat Free Milk</li> <li>Assorted Fruit Juice</li> <li>Ketchup</li> <li>Yellow Mustard</li> <li>Mayo</li> <li>Light Ranch Dressing</li> <li>Light Italian Dressing</li> <li>Honey Mustard Dressing</li> <li>Creamy Caesar Dressing</li> </ul>	<p><b>6</b></p> <p>Teacher In-Service Day - No School for Students</p>
<p><b>9</b></p> <p>Columbus Day - Schools Closed</p>	<p><b>10</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>Seasoned Taco Beef</li> <li>Soft Flour Tortilla</li> <li>Shredded Romaine Lettuce</li> <li>Shredded Cheddar Cheese</li> </ul> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Mixed Greens Salad with Cheese</li> <li>Whole Grain Dinner Roll</li> <li>Muffin &amp; Goldfish Fun Lunch</li> <li>Peanut Butter &amp; Jelly Sandwich</li> <li>Classic Cheese Pizza</li> </ul> <p><b>Extra Extra</b></p> <ul style="list-style-type: none"> <li>Garbanzo Beans</li> <li>Roasted Broccoli</li> <li>Fresh Red Delicious Apple</li> <li>Fresh Orange</li> <li>Fresh Banana</li> <li>Peach Fruit Cup</li> <li>Diced Pear Fruit Cup</li> <li>Mixed Fruit Cocktail</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>1% Low-fat Milk</li> <li>Skim Milk</li> <li>Strawberry Skim Milk</li> <li>Chocolate Fat Free Milk</li> <li>Assorted Fruit Juice</li> <li>Ketchup</li> <li>Yellow Mustard</li> <li>Mayo</li> <li>Light Ranch Dressing</li> <li>Light Italian Dressing</li> <li>Honey Mustard Dressing</li> <li>Creamy Caesar Dressing</li> </ul>	<p><b>11</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>Popcorn Chicken</li> <li>Roasted Green Beans</li> <li>Mashed Potatoes</li> </ul> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Crispy Chicken Salad with Cheese</li> <li>Whole Grain Dinner Roll</li> <li>Muffin &amp; Goldfish Fun Lunch</li> <li>Peanut Butter &amp; Jelly Sandwich</li> <li>Classic Cheese Pizza</li> </ul> <p><b>Extra Extra</b></p> <ul style="list-style-type: none"> <li>Fresh Cherry Tomatoes</li> <li>Roasted Green Beans</li> <li>Fresh Red Delicious Apple</li> <li>Fresh Orange</li> <li>Fresh Banana</li> <li>Peach Fruit Cup</li> <li>Diced Pear Fruit Cup</li> <li>Mixed Fruit Cocktail</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>1% Low-fat Milk</li> <li>Skim Milk</li> <li>Strawberry Skim Milk</li> <li>Chocolate Fat Free Milk</li> <li>Assorted Fruit Juice</li> <li>Ketchup</li> <li>Yellow Mustard</li> <li>Mayo</li> <li>Light Ranch Dressing</li> <li>Light Italian Dressing</li> <li>Honey Mustard Dressing</li> <li>Creamy Caesar Dressing</li> </ul>	<p><b>12</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>Beef Hot Dog on Whole Wheat</li> <li>Classic Baked Beans</li> <li>Oven Baked Fries</li> </ul> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Mixed Greens Salad with Cheese</li> <li>Whole Grain Dinner Roll</li> <li>Muffin &amp; Goldfish Fun Lunch</li> <li>Peanut Butter &amp; Jelly Sandwich</li> <li>Classic Cheese Pizza</li> </ul> <p><b>Extra Extra</b></p> <ul style="list-style-type: none"> <li>Marinated Cool Cucumbers</li> <li>Steamed Golden Corn</li> <li>Fresh Red Delicious Apple</li> <li>Fresh Orange</li> <li>Fresh Banana</li> <li>Peach Fruit Cup</li> <li>Diced Pear Fruit Cup</li> <li>Mixed Fruit Cocktail</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>1% Low-fat Milk</li> <li>Skim Milk</li> <li>Strawberry Skim Milk</li> <li>Chocolate Fat Free Milk</li> <li>Assorted Fruit Juice</li> <li>Ketchup</li> <li>Yellow Mustard</li> <li>Mayo</li> <li>Light Ranch Dressing</li> <li>Light Italian Dressing</li> <li>Honey Mustard Dressing</li> <li>Creamy Caesar Dressing</li> </ul>	<p><b>13</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>Classic Cheese Pizza</li> <li>Colorful Tossed Salad</li> </ul> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>Crispy Chicken Salad with Cheese</li> <li>Whole Grain Dinner Roll</li> <li>Muffin &amp; Goldfish Fun Lunch</li> <li>Peanut Butter &amp; Jelly Sandwich</li> </ul> <p><b>Extra Extra</b></p> <ul style="list-style-type: none"> <li>Fresh Baby Carrots</li> <li>Seasoned Peas and Carrots</li> <li>Fresh Red Delicious Apple</li> <li>Fresh Orange</li> <li>Fresh Banana</li> <li>Peach Fruit Cup</li> <li>Diced Pear Fruit Cup</li> <li>Mixed Fruit Cocktail</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>1% Low-fat Milk</li> <li>Skim Milk</li> <li>Strawberry Skim Milk</li> <li>Chocolate Fat Free Milk</li> <li>Assorted Fruit Juice</li> <li>Ketchup</li> <li>Yellow Mustard</li> <li>Mayo</li> <li>Light Ranch Dressing</li> <li>Light Italian Dressing</li> <li>Honey Mustard Dressing</li> <li>Creamy Caesar Dressing</li> </ul>

**16****Main Entrees**

- Whole Grain French Toast Sticks
- Turkey Sausage Patties
- Tater Tots

**Alternate Entrees**

- Crispy Chicken Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich
- Classic Cheese Pizza

**Extra Extra**

- Fresh Celery Sticks
- Seasoned Carrots
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

**Milk & Condiments**

- 1% Low-fat Milk
- Skim Milk
- Strawberry Skim Milk
- Chocolate Fat Free Milk
- Assorted Fruit Juice
- Ketchup
- Yellow Mustard
- Mayo
- Light Ranch Dressing
- Syrup
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

**17****Main Entrees**

- Meatballs in Zesty Marinara
- Whole Grain Spaghetti
- Seasoned Peas

**Alternate Entrees**

- Mixed Greens Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich
- Classic Cheese Pizza

**Extra Extra**

- Garbanzo Beans
- Roasted Broccoli
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

**Milk & Condiments**

- 1% Low-fat Milk
- Skim Milk
- Strawberry Skim Milk
- Chocolate Fat Free Milk
- Assorted Fruit Juice
- Ketchup
- Yellow Mustard
- Mayo
- Light Ranch Dressing
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

**18****Main Entrees**

- Turkey Nachos
- Salsa
- Seasoned Black Beans

**Alternate Entrees**

- Crispy Chicken Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich
- Classic Cheese Pizza

**Extra Extra**

- Fresh Cherry Tomatoes
- Roasted Green Beans
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

**Milk & Condiments**

- 1% Low-fat Milk
- Skim Milk
- Strawberry Skim Milk
- Chocolate Fat Free Milk
- Assorted Fruit Juice
- Ketchup
- Yellow Mustard
- Mayo
- Light Ranch Dressing
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

**19****Main Entrees**

- Mashed Potato & Chicken Bowl
- Steamed Golden Corn

**Alternate Entrees**

- Crispy Chicken Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich
- Classic Cheese Pizza

**Extra Extra**

- Marinated Cool Cucumbers
- Steamed Golden Corn
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

**Milk & Condiments**

- 1% Low-fat Milk
- Skim Milk
- Strawberry Skim Milk
- Chocolate Fat Free Milk
- Assorted Fruit Juice
- Ketchup
- Yellow Mustard
- Mayo
- Light Ranch Dressing
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

**20****Main Entrees**

- Cheese Stuffed Breadsticks
- Marinara Sauce
- Colorful Tossed Salad

**Alternate Entrees**

- Crispy Chicken Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich

**Extra Extra**

- Fresh Baby Carrots
- Seasoned Peas and Carrots
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

**Milk & Condiments**

- 1% Low-fat Milk
- Skim Milk
- Strawberry Skim Milk
- Chocolate Fat Free Milk
- Assorted Fruit Juice
- Ketchup
- Yellow Mustard
- Mayo
- Light Ranch Dressing
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

**23****Main Entrees**

- Classic American Cheeseburger
- Baked Crinkle Fries

**Alternate Entrees**

- Crispy Chicken Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich
- Classic Cheese Pizza

**Extra Extra**

- Fresh Celery Sticks
- Seasoned Carrots
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

**Milk & Condiments**

- 1% Low-fat Milk
- Skim Milk
- Strawberry Skim Milk
- Chocolate Fat Free Milk
- Assorted Fruit Juice
- Ketchup
- Yellow Mustard
- Mayo
- Light Ranch Dressing
- Syrup
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

**24****Main Entrees**

- Toasty Cheese Sandwich
- Campbell's Tomato Soup

**Alternate Entrees**

- Mixed Greens Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich
- Classic Cheese Pizza

**Extra Extra**

- Garbanzo Beans
- Roasted Broccoli
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

**Milk & Condiments**

- 1% Low-fat Milk
- Skim Milk
- Strawberry Skim Milk
- Chocolate Fat Free Milk
- Assorted Fruit Juice
- Ketchup
- Yellow Mustard
- Mayo
- Light Ranch Dressing
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

**25****Main Entrees**

- Sweet and Sour Chicken
- Steamed Brown Rice
- Seasoned Broccoli Florets

**Alternate Entrees**

- Crispy Chicken Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich
- Classic Cheese Pizza

**Extra Extra**

- Fresh Cherry Tomatoes
- Roasted Green Beans
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

**Milk & Condiments**

- 1% Low-fat Milk
- Skim Milk
- Strawberry Skim Milk
- Chocolate Fat Free Milk
- Assorted Fruit Juice
- Ketchup
- Yellow Mustard
- Mayo
- Light Ranch Dressing
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

**26****Early Dismissal - No Lunch Served****27****Main Entrees**

- Classic Cheese Pizza
- Colorful Tossed Salad

**Alternate Entrees**

- Crispy Chicken Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich

**Extra Extra**

- Fresh Baby Carrots
- Seasoned Peas and Carrots
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

**Milk & Condiments**

- 1% Low-fat Milk
- Skim Milk
- Strawberry Skim Milk
- Chocolate Fat Free Milk
- Assorted Fruit Juice
- Ketchup
- Yellow Mustard
- Mayo
- Light Ranch Dressing
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

**30****Main Entrees**

- Whole Grain Pancakes
- Turkey Sausage Patties
- Tater Tots

**Alternate Entrees**

- Crispy Chicken Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich
- Classic Cheese Pizza

**Extra Extra**

- Fresh Celery Sticks
- Seasoned Carrots
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

**Milk & Condiments**

- 1% Low-fat Milk
- Skim Milk
- Strawberry Skim Milk
- Chocolate Fat Free Milk
- Assorted Fruit Juice
- Ketchup
- Yellow Mustard
- Mayo
- Light Ranch Dressing
- Syrup
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

**31****Main Entrees**

- Sweet and Sour Meatballs
- Asian Brown Rice
- Fresh Vegetable Medley

**Alternate Entrees**

- Mixed Greens Salad with Cheese
- Whole Grain Dinner Roll
- Muffin & Goldfish Fun Lunch
- Peanut Butter & Jelly Sandwich
- Classic Cheese Pizza

**Extra Extra**

- Garbanzo Beans
- Roasted Broccoli
- Fresh Red Delicious Apple
- Fresh Orange
- Fresh Banana
- Peach Fruit Cup
- Diced Pear Fruit Cup
- Mixed Fruit Cocktail

**Milk & Condiments**

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- Yellow Mustard
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- Light Ranch Dressing
- Light Italian Dressing
- Honey Mustard Dressing
- Creamy Caesar Dressing

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More Details: <http://audubonschools.nutrislice.com/menu/mansion-ave-elementary/lunch/>  
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